



Syöte National Park



- 303 km²
- Founded in 2000.

- Located in the municipalities of Pudasjärvi, Taivalkoski, and Posio.

- Metsähallitus Luontopalvelut maintains all the Finnish national parks.

Syöte National Park is a paradise for outdoor recreation. Versatile trails invite you to stay active in all seasons. Ski trips among snowy trees or mountain bike trips in Pytkynharju Ridge's majestic esker landscapes are experiences at their best. In addition to day trips, Syöte National Park is also suitable for a few nights' hikes, as there are numerous open wilderness huts, day trip huts and lean-to shelters in the national park. Ahmatupa and Rytitupa are rental huts with saunas. Going through the adventures of the day in the tender heat of a wood-burning sauna will soften the body and the mind – Syöte National Park is a comprehensive experience.

Syöte Visitor Centre

Start your trip to the national park from the Visitor Centre. Its recently updated permanent exhibition Rakkaudella luontosi (English: With love,

Our recommendations

For families:

- Naavaparta Trail 3 km
- Kellarilampi Accessible Trail 1 km

For a day trip:

- Teerivaara Circle Trail 4.5 km
- Rytivaara Circle Trail 10 km

For hiking:

- Torpparintaival Trail 33 km

On a mountain bike:

- Syöte Circle Trail 19 km
- Pitämävaaran lenkki Circle Trail 35 km

To enjoy the winter:

- Ski tracks in the national park
- Vattukuru Circle Trail on snowshoes 2.1 km

your nature) familiarises you with the diverse nature of the national park and its wonders. Children and adults alike will be charmed by the active nature of the exhibition. The handprint of local artists is very visible in the temporary exhibitions. We organise guided tours and events all year round.

Our hiking professionals at the visitor centre will help you embark on your journeys and sell you the correct maps and wilderness permits. You can also book Metsähallitus's huts at our service point. There is also a café in the visitor centre.

Let's take care of our environment!

Almost all summer and winter trails of Syöte are suitable for walking and mountain biking. Faster travellers should take the slower ones into account! Only walking is allowed on some of the trails in the national park. Read the code of conduct for mountain bikers before cycling in the nature reserve and check which trails you are allowed to use. Dogs and other pets are welcome to all open wilderness huts, rental huts and day trip huts in Syöte and on the ski tracks in the national park.

Rubbish-free hiking!

There are no waste bins at campsites, parking areas or trailsides. Please take any rubbish home with you. You can burn a small amount of clean cardboard or paper in the fire pits of campsites.



Nature-friendly Outdoor Activities

In Syöte National Park, the following are:


Allowed

- walking, skiing, snowshoeing, rowing, and canoeing
- cycling along designated trails
- making a fire only at designated sites
- camping at rest sites
- picking berries and mushrooms
- bringing pets to huts
- angling and ice fishing. Fishing in streams is allowed with a permit.

Forbidden

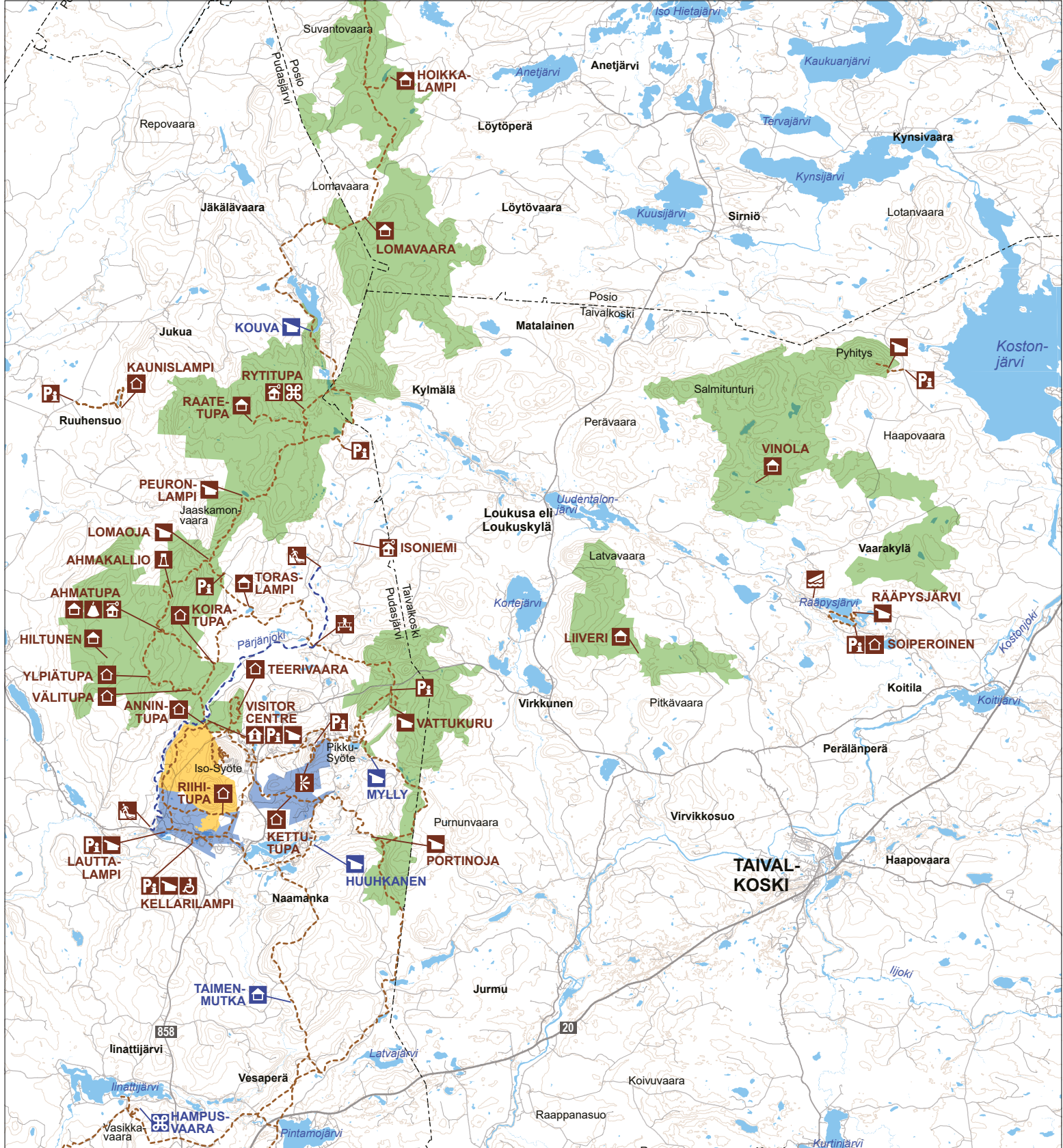
- littering
- keeping pets unleashed
- walking on ski tracks
- riding a snowmobile
- picking plants
- disturbing or damaging animals or other nature
- catching or collecting invertebrates
- driving a motor vehicle, except on roads designated for it
- making a fire when a forest fire warning is in effect



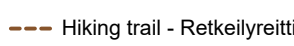


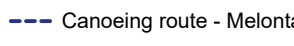

















Metsähallitus - National Park Management

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 syotteenkansallispuisto

METSÄHALLITUS 8/2023

PHOTOS: ISMO LAMPI, JUHO NIEMELÄ



 National park - Kansallispuisto	 Day-use hut - Päivätupa	 Hiking trail - Retkeilyreitti
 National hiking area - Valtion retkeilyalue	 Wilderness hut - Autiotupa	 Canoeing route - Melontareitti
 Recreational forest - Virkistysmetsä	 Rental hut - Vuokratupa	Maintenance - Ylläpito:
 Visitor centre - Luontokeskus	 Observation tower - Näkötorni	 Metsähallitus
 Information board - Opastustaulu	 Viewpoint - Näköalapaikka	 City of Pudasjärvi - Pudasjärven kaupunki
 Parking and information board - Pysäköinti ja opastustaulu	 Point of interest - Nähtävyyks	
 Landing spot - Rantautumispaikka	 Boat and canoe launch - Vesillelaskupaikka	
 Campfire site - Tulentekopaikka	 Footbridge - Kävelysilta	
 Lean-to shelter - Laavu - Skärmskydd	 Accessible services - Esteettömiä palveluja	
 Campfire hut - Kota		

0 5 10 km
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