





# Sininen saavutus Mountain biking trail in Hossa National Park

### Showing the best parts of Hossa National Park, this trail has IMBA EPICS title. It has been selected among the best mountainbiking trails in the world.

Experience the beautiful esker sceneries, clear lakes, old forests and the rugged cliffs of Hossa National Park along the unique Sininen saavutus trail. The EPICS designation denotes a true backcountry riding experience. IMBA EPICS are what many mountain bikers live for and make travel plans around: immersive rides that are technically and physically challenging, beautiful to behold and worthy of celebration. Sininen saavutus trail was added to the list in 2017. Sininen saavutus Trail is long and demanding, requiring good mountain biking skills. The trail also includes long stretches of flowy singletrack, more technical sections, as well as demanding esker ascents and descents. The trail runs in almost all parts of the national park, except for Julma-Ölkky, but you can shorten it in many places, as it best suits to you.



### TOP 3

- 1. Clear lakes
- 2. Old forests
- 3. Rugged cliffs of Hossa
- OPEN: June-October. Available when the ground is unfrozen.
- TRAVEL TIME: 4h 30 min.
- CHALLENGE LEVEL: Demanding.
- START AND FINISH: Hossa Visitor Centre, Jatkonsalmentie 6, 89920 Suomussalmi.
- MARKING OF THE TRAIL: Blue paint signs. Recommended direction: anticlockwise.

#### EQUIPMENT:

A mountain bike with full or front suspension/ fatbike. Clothing suitable for cycling and the weather as well as a helmet. In the rucksack: A puncture repair kit, a pump and other tools, a drink, a picnic, spare clothing, rain gear, a rubbish bag, a charged phone, a head torch/ bike light, a first aid kit and a map as well as toilet paper. To light a fire: matches and a knife.

#### SAFETY:

- In case of emergency, call 112.
- At intersections, make sure you are heading in the right direction.

• Reserve enough time to detour the route More information about hiking in Finland: nationalparks.fi/hikinginfinland

### **II** RULES AND RESTRICTIONS:

 There are no waste containers and no waste management at the national park. Food waste can be placed in the outdoor toilets.
More information:

#### nationalparks.fi/hikinginfinland/ visitorguidelines/litter

- Lighting fires is only allowed on the marked, official campfire sites. When a forest fire warning is in operation, lighting campfires is prohibited.
- Pets must always be kept on a leash and under control in the national park.
  Instructions and rules of the national park: nationalparks.fi/hossa/instructionsandrules



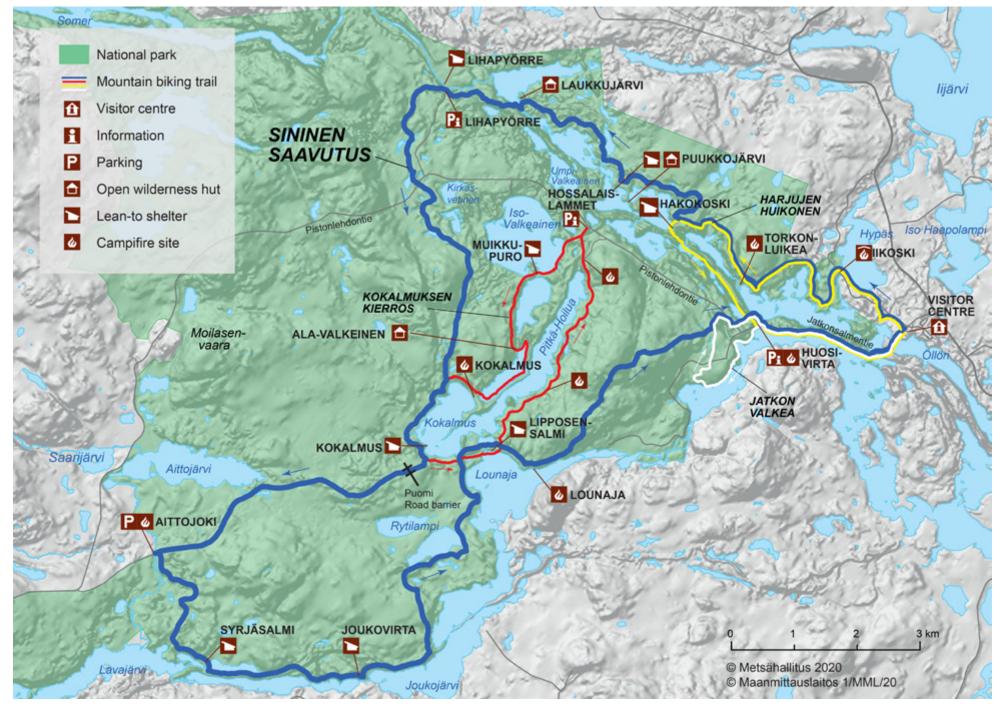
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## Mountain Biking Trail: Sininen Saavutus



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