



Liminka Bay is an internationally renowned and valuable wetland, as well as an important resting area for migratory birds. It is worthwhile starting your excursion from Liminka Bay Visitor Centre, where you can receive tips and visit a beautiful bird-themed nature exhibition. The visitor centre is easily accessible and a popular day trip destination for both families with children and bird-watchers.

Valuable Wetland

Liminka Bay is one of the most significant wetlands in Europe. The postglacial land uplift shaped the unique shore areas of Liminka Bay, where a wide range of bird species thrive. The area belongs to the European Union's network of Natura sites and the international Ramsar wetland conservation network. During the spring and autumn migrations, you can hear the symphony of tens of thousands of birds. The evening-time flight of the geese, the spring dance of the ruffs and the autumn migration of the common cranes will offer unforgettable experiences. More than 200 bird species can be sighted in the area during the year.

Liminka Bay Visitor Centre

Located in Virkkula, Liminka, the visitor centre inspires even beginners to explore the

Wetland · Nature Reserve · Visitor Centre

enchanting world of birds. The interactive Eight Seasons of Birds exhibition provides information and experiences for all senses and people of all ages. At the exhibition facilities, you will find a wetland-themed game, a library, a fishing and hunting cabin, and, for children, colouring tasks, bird games and a relaxing bird's nest where they can listen to fairy tales. The visitor centre also hosts temporary exhibitions, bird- and wetlandthemed guided tours, as well as events for different seasons. The visitor centre's facilities, the nature trail and the bird-watching tower are accessible to all. A campfire shelter and a children's playground are located at the visitor centre's yard.

On the Rantaniitty Nature Trail (650 m) and in Kukkala garden you can learn about the nature in the wetland. The gravel trail is accessible and starts from the visitor centre's yard, by the campfire shelter. The trail runs next to a seaside meadow and a forest. In Kukkala garden you can get to know the nature and flora of the wetland.

The Hotel-Restaurant Liminganlahti, which is located at the visitor centre, provides restaurant, accommodation and meeting services.

Bird-watching Towers At the Virkkula bird-watching

tower, on the shore by the visitor centre, you will see birds on the wing from morning to night. You can borrow binoculars from the visitor centre. The wide 600metre trail is accessible for the disabled and prams. The lower storey of the tower is roofed and accessible to all.

The panorama opening out from the **Sannanlahti birdwatching tower** is dominated by wide reedbeds and disc-like reed islets. Lamunkari – situated to the east of the bird-watching tower – is a shoal favoured by feeding birds and an important nesting area. The distance from the parking area to the birdwatching tower, along a trail that has gravel sections, is about 400 metres.

The **Temmesjoki bird-watching tower** commands the widest view over the whole of Liminka Bay. The distance from the parking area to the bird-watching tower is about two kilometres. Halfway through the trail, you will find a campfire hut and an idyllic fishing village. The trail running to the bird-watching tower is often wet, so rubber boots are recommended.

There is an 800-metre duckboard trail from the parking area to the **Puhkiavanperä bird-watching tower**. The trail runs through a seaside forest and reedbeds. The bird-watching tower is roofed, and the ideal light conditions for bird-watching are in the evening.

Liminka Bay Nature Reserve

- Area more than 12,000 ha, the shoreline longer than 110 km
 Located in Liminka, Lumijoki and Oulu
- The Centre for Economic Development, Transport and the Environment (ELY Centre) is responsible for the management of the area

Metsähallitus, Customer Service

- Liminganlahden luontokeskus, Rantakurvi 6, 91900 Liminka
- liminganlahti@metsa.fi
- Tel. +358 206 39 6059
 www.nationalparks.fi/
- liminkabayvisitorcentre

Nature-friendly Outdoor Activities

In the Liminka Bay Nature Reserve, the following are:

Allowed

- Walking, skiing, rowing and canoeing, except for any restricted areas
- Picking berries and edible mushrooms
- Angling and ice fishing (please check the fishing restrictions on kalastusrajoitus.fi).

Restricted

- Lighting campfires and camping, cycling, car parking and driving a motor vehicle are only allowed in the designated areas.
- Hunting is only permitted in the designated areas.
- Small-game hunting requires a permit.

Forbidden

- Lighting campfires when a forest fire warning is in effect
- Letting pets run free
- Damaging the soil or bedrock
- Disturbing wild animals or destroying their nests
- Catching invertebrates, as well as collecting or damaging plants
- Leaving litter in the area and damaging the structures.

Nationalparks.fi/liminganlahtivisitorcentre > Instructions and rules

During the nesting season, there are a large number of bird nests on the shores, so please avoid moving through the seaside meadows in May and June!

METSÄHALLITUS 10/2023. PHOTO: VILLE SUORSA.



