



## Something to do all the year round

In Kajaani you can move all the year round. There are about 20 different sites only 15 km from the city centre. Some of the near nature sites are open in every season, whereas the others are more of a seasonal variety. Visit your favourite places in different seasons for new experiences. You can for example go on a skiing trip from your favourite beach or climb up the Vimpelinvaara ski slope in summertime.

- |  |                                   |                                     |
|--|-----------------------------------|-------------------------------------|
| 1 Arppe memory forest                    | 8 River Kajaaninjoki              | 15 Koutalahti beach                 |
| 2 Lake Iso-Ruuhijärvi                    | 9 Kirkkokallio-Pirunvaara         | 16 Kouta-Vuores forest trails       |
| 3 Lake Hoikanlampi                       | 10 Pöllyvaara                     | 17 Kuluntajärvi bird watching tower |
| 4 Vimpeli                                | 11 Erkinpoloku                    | 18 Ärjänsaari island                |
| 5 Lake Kaupunginlampi and Ämmänpuro park | 12 Lukkarinnurmi                  | 19 Toukansaari island               |
| 6 Kesäniemi                              | 13 Paltaniemi                     | 20 Rehjansaari island               |
| 7 Rantapuisto and Castle Ruins           | 14 Koutaniemi bird watching tower |                                     |

## Visit the nature attractions nearby

There are a lot of interesting nature attractions around Kajaani that are worth of a day trip.

### Hepoköngäs waterfall, Puolanka

One of the highest waterfalls in Finland just 100 km from Kajaani is worth a visit also in winter. [nationalparks.fi/hepokongas](https://nationalparks.fi/hepokongas)

### Hiidenportti, Sotkamo

A nature park with an impressive gorge landscape in middle of shady forests. Just 65 km from Kajaani. [nationalparks.fi/hiidenporttip](https://nationalparks.fi/hiidenporttip)

### Lake Oulujärvi trekking area, Vaala


Fine trekking trails in wide pine forests about 80 km from Kajaani. [nationalparks.fi/oulujarvi](https://nationalparks.fi/oulujarvi)

### Rokua, Vaala


A geopark with the marks of the ice age visible in the sparse sandy soil and airy pine forests. 110 km from Kajaani. [nationalparks.fi/rokuanp](https://nationalparks.fi/rokuanp)

### Tiilikajärvi, Rautavaara and Sotkamo


Tiilikajärvi in Northern Savonia is a peaceful and easy to trek national park with beautiful sandy beaches and isthmuses. 75 km from Kajaani. [nationalparks.fi/tiilikajarvinp](https://nationalparks.fi/tiilikajarvinp)

**1 Arppe memory forest**  
 Hiking the few kilometres long nature path of Arppe memory forest will make you feel like being in a primeval forest, as you wander among the hanging moss covered trees.  
 > Kivimäentie 81, 87700 Kajaani




**2 Lake Iso-Ruuhijärvi**  
 Fishing is not the only thing you can do at Iso-Ruuhijärvi. There are new snowmobile and mountain bike trails as well as forest paths for all kinds of activities. > Ruuhijärventie 661, 87100 Kajaani




**3 Lake Hoikanlampi**  
 The small lake Hoikanlampi is a popular swimming and piquenique site right next to the town. The beach is not supervised.  
 > Prikaatintie 34, 87500 Kajaani




**4 Vimpeli**  
 Vimpeli is the sporting centre of Kajaani. In addition to sports fields and halls, there are forest trails, skiing tracks and even a few ski slopes. > Kuntokatu 8, 87100 Kajaani




**5 Kaupunginlampi and Ämmänpuro park**  
 Kaupunginlampi and Ämmänpuro park are situated next to the Kajaani hall. They offer various kinds of activities for everyone all around the year. > Ratakatu 2 (Kajaani hall), 87100 Kajaani

> Ratakatu 2a (Ämmänpuro park), 87100 Kajaani




**6 Kesäniemi**  
 Kesäniemi is a supervised beach right in the town. In Kesäniemi there are swimming towers and a beach volley field and you can also enjoy a refreshing piquenique at the beach.  
 > Kesäniemi, 87100 Kajaani




**7 Rantapuisto and Castle Ruins**  
 The recently renovated parks in downtown Kajaani are suitable for various outdoor activities, events and festivals. The castle ruins on Linnasaari island are a popular trip destination. > Linnankatu 27, 87100 Kajaani




**8 River Kajaaninjoki**  
 The 10 km long Renfors trail follows the shores of Kajaani river and offers facts of the history and sights of Kajaani. There are also beaches, cafes and canoe and SUP-board rentals along the river. > Urho Kekkosen katu 14, 87100 Kajaani




**9 Kirkkokallio-Pirunvaara**  
 A scenic trail that leads through fairy-tale like forests to the peak of a wooded hill with wide views to the lake below. The trail is suitable for hiking, mountain biking and skiing in winter. > Satumaantie 8, 87700 Kajaani




**10 Pöllyvaara**  
 Pöllyvaara is surrounded by the city from all sides, but still offers over 12 km of forest trails to hike and mountain bike. In the wintertime there are also skiing tracks. > Paltaniementie 13, 87200 Kajaani




**11 Erkinpoloku**  
 Erkinpoloku is a relatively short forest trail with bogs and meadows along the way. There are also other paths in the area, which make adjusting the length of the hike easy.  
 > Heinisuontie 38 b, 87250 Kajaani




**12 Lukkarinnurmi**  
 Lukkarinnurmi is a beach site on the shore of Kajaani river run by the local village association. The beach has a lean to and a beach volleyball field. Not supervised. > Kuninkaanniementie 248, 87830 Kajaani




**13 Paltaniemi**  
 Paltaniemi on the shore of Oulujärvi lake is a shallow sandy beach suitable for families and children. There are also historical and nature sights and ski tracks on the ice in wintertime. > Satamatie 20, 87850 Kajaani




**14 Koutaniemi bird watching tower**  
 Koutaniemi bird watching tower is a great place to follow the migratory birds in spring and fall. Especially the migration of eagles and other birds of prey is breathtaking to see. > Tololantie 32, 87100 Kajaani



**15 Koutalahti beach**  
 This mostly shallow beach on the shore of Oulujärvi is run by the Koutalahti village association. It offers locker rooms, toilets and a barbeque site. > Heinirannantie 790, 87100 Kajaani




**16 Kouta-Vuores forest trails**  
 A network of forest trails for the whole family offers adventure, nature and spectacular views. The total length of the trails is 18 km. The trail is built by the local village association. > Kalasatamantie 1, 87100 Kajaani




**17 Kuluntajärvi bird watching tower**  
 The bird watching tower on the shore of Kuluntajärvi offers a wide variety of waterfowl for birdwatchers. The tower was recently renovated. > Salmijärventie 15, 87930 Kajaani




**18 Ärjänsaari island**  
 Ärjänsaari island has been lately developed into a nature site. It offers camping and cooking sites and a summer café. Ärjänsaari can be reached by boat or a steamship from Kajaani. > Koutaniemi Marine, Kalasatamantie 25, 87100 Kajaani



**19 Toukansaari island**  
 Toukansaari island is a genuine wilderness site in Oulunjärvi. It can be reached by boat or skis in the winter. There are two lean-to's and an outhouse, making it a good resting place. > Kalasatamantie 23, 87100 Kajaani



**20 Rehjansaari island**  
 Rehjansaari island is the traditional outing site for the people of Kajaani. It can be reached by boat or skis in the winter. There is a camping site and fireplaces on the island. > Taitokatu, 87400 Kajaani



#### Services

Parking area	Lean to	Sight	Cottage
Toilet	Fire place	Beach	Caravan park
Café	Bird tower	Fishing	Event site
Dog park	Vantage point	Camping site	

#### Trail info

Easy terrain	Mountain bike trail
Trekking trail	Ski trail
Nature path	Snow shoe trail
Demanding terrain	Ski mobile trail

#### Activities

Basketball court	Volleyball field
Soccer field	Canoeing
Track and field	Ice hockey rink
Tennis court	Ski slope