



14 km

1h
30min

Intermediate

#kokalmuksenkierros #hossanationalpark
#landofnationalparks

TOP 3

1. Hoiluansärkkä esker
2. Crystal-clear streams
3. Lake scenerys

- OPEN:** June–October.
Available when the ground is unfrozen.
- TRAVEL TIME:** 1 h 30 min.
- CHALLENGE LEVEL:** Intermediate mountain biking trail.
- START AND FINISH:** Hossalammit Parking Area, Pistolehdontie 225 in Suomussalmi. The parking area locates 6 km from Hossa Visitor centre.
- MARKING OF THE TRAIL:** Red paint signs.
Recommended direction: anticlockwise.
- EQUIPMENT:**
A mountain bike with full or front suspension/fatbike. Clothing suitable for cycling and the weather as well as a helmet. In the rucksack: A puncture repair kit, a pump and other tools, a drink, a picnic, spare clothing, rain gear, a rubbish bag, a charged phone, a head torch/bike light, a first aid kit and a map as well as toilet paper. To light a fire: matches and a knife.
- SAFETY:**
 - In case of emergency, call 112.
 - At intersections, make sure you are heading in the right direction.
 - Reserve enough time to detour the route
 More information about hiking in Finland: nationalparks.fi/hikinginfinland
- RULES AND RESTRICTIONS:**
 - There are no waste containers and no waste management at the national park. Food waste can be placed in the outdoor toilets.
 More information: nationalparks.fi/hikinginfinland/visitorguidelines/litter
 - Lighting fires is only allowed on the marked, official campfire sites. When a forest fire warning is in operation, lighting campfires is prohibited.
 - Pets must always be kept on a leash and under control in the national park.
 Instructions and rules of the national park: nationalparks.fi/hossa/instructionsandrules



Kokalmuksen kierros

Mountain biking trail in Hossa National Park

Kokalmuksen kierros trail is suitable for beginners and mountain biking enthusiasts showcasing magnificent lake scenery, crystal-clear streams, as well as a memorable pedalling experience along the Hoiluansärkkä esker trail.

Hossa national park offers plenty of trails for mountainbikers, Kokalmuksen kierros being one of the top choices. Kokalmuksen kierros trail presents bikers with a magnificent lake scenery, crystal-clear streams, as well as a memorable pedalling experience along the Hoiluansärkkä esker trail.

The duckboards will take you to the shores of Lake Kokalmus in a beautiful lake scenery that is characteristic of the Kainuu region. The trails at Lippussalmi and along the eastern shores of Lake Pitkä-Hoilua are so memorable that you will want to return.



Mountain Biking Trail: Kokalmuksen kierros

