

100 m/  
direction

15 min

Easy/  
Demanding#könkäänuohu #oulankanationalpark  
#landofnationalparks

## TOP 3

1. The rushing waters of the rapids and rich river nature
2. An idyllic picnic at a rest stop on the Könkäänuohu trail
3. The quiet waters and sandy banks of the Oulankajoki River



## Könkäänuohu

### Accessible Trail in Oulanka National Park

The accessible trail of Könkäänuohu takes you to the roaring rapids, beautiful river scenery and a light-filled pine forest.

On the accessible Könkäänuohu trail, even the youngest children of the family can admire the roaring rapids, the lush nature fed by the Oulankajoki River, and beautiful pine forests. You can enjoy a picnic at the charming campfire site next to river shore vegetation and

the rushing rapids. On this wide trail surfaced with crushed rock all visitors, also those using a rollator, a wheelchair or a buggy, can come and admire the torrents in the lower reaches of the Kiutaköngäs rapids



**USER TIME:** Available when the ground is unfrozen.

**HIKING TIME:** 15 min.

**CHALLENGE LEVEL:** Easy trail by foot. Suitable also for families with young children. The trail is demanding for wheelchair users and it is advisable to have an assistant. There are no holes, obstacles or steep climbs on the trail, but the crushed rock may make it difficult for wheelchair users to move along alone.

**START AND FINISH:**

Parking area for the Könkäänuohu Trail. No official address. The parking area is located at the end of a forest road that branches off from Liikasenvaarentie Road (in the central part of the park, north of Oulankajoki River). There are signs from the Oulanka Visitor Centre parking lot. The forest road has no winter maintenance.

**MARKING OF THE TRAIL:**

Has not been marked.

**EQUIPMENT:**

On an easy trail, you will be fine in runners, sandals or sneakers. Dress for the weather and bring additional clothing, a picnic and a drink if necessary as well as a map, a phone, a first aid kit and a rubbish bag. To light a fire: matches and a knife. Bring your own toilet paper.

**SAFETY:**

- In case of emergency, call 112.
- More information about hiking in Finland: [nationalparks.fi/hikinginfinland](http://nationalparks.fi/hikinginfinland)

**RULES AND GUIDELINES:**

- There are no waste containers and no waste management at the national park. Food waste can be placed in the outdoor toilets. More information: [nationalparks.fi/hikinginfinland/visitorguidelines/litter](http://nationalparks.fi/hikinginfinland/visitorguidelines/litter)
- Lighting fires is only allowed on the marked, official campfire sites. When a forest fire warning is in operation, lighting campfires is prohibited.
- Pets must always be kept on a leash and under control in the national park. Instructions and rules of the national park [nationalparks.fi/en/oulankanp/instructionsandrules](http://nationalparks.fi/en/oulankanp/instructionsandrules)

# Accessible Trail: Könkäään kuohu

