



National Park Pyhä-Luosto

SUMMER TRAILS



METSÄHALLITUS



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Pyhä-Luosto National Park



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- Founded 2005, (oldest part 1938)
- Surface area: 142 km²
- Location: Kemijärvi, Pelkosenniemi and Sodankylä



1 TUNTURIAAPA NATURE TRAIL (7 KM) is a tour in magnificent mire nature. You can admire the scenery towards the southernmost peaks of the fell chain from the bird watching tower. There are wooden duckboards on the wet areas and stairs on the steep parts. The trail is easy and when dry, walkable in trainers. **Starting and finishing point:** Visitor Centre Naava. **Duration:** 2–3 hours. **Services:** Isokuru campfire hut and lean-to shelter, Tiaslaavu lean-to shelter.



5 RYKIMÄKURU TRAIL (12 KM) is an easy route also for beginners that goes through old-growth pine forests. Rykimäkuru gorge can be seen from the trail. In Lampivaara you can visit the Amethyst Mine. **Starting and finishing point:** Rykimäkero parking area. **Duration:** 3–4 hours. **Services:** Rykimäkero campfire hut, Rykimäkuru lean-to shelter, Pyhälampi day-use hut, Lampivaara lean-to shelter & café (during the season). Rykimäkero lapp hut can be reached on a wheelchair and with prams (0.7 km one way).



2 KARHUNJUOMALAMPI TRAIL (10 KM) goes through Finland's deepest gorge, Isokuru, and shows the magnificent geology of the area. The trail also passes old sacred places of the forest Sámi people, the Pyhänkasteenlampi pond & waterfall and Uhriharju ridge. There are lots of stairs, but the trail is easy to follow and when dry, walkable in trainers. **Starting and finishing point:** Visitor Centre Naava. **Duration:** 3–4 hours. **Services:** Isokuru campfire hut and lean-to shelter, Karhunj uomalampi day-use hut and lean-to shelters.



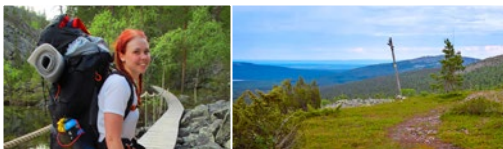
6 LUOSTO NATURE HIKING TRAIL (17 KM) takes you through old, untouched forests and wide open mires and leads to the top of Ukko-Luosto fell with its gorgeous sceneries. Because of its length and height differences, the trail is moderately demanding. You need hiking boots or rubber boots for this trail when it's wet. **Starting and finishing point:** Luostonportti. **Duration:** 6–8 hours. **Services:** Tikkalaavu and Pyhälatva lean-to shelter.



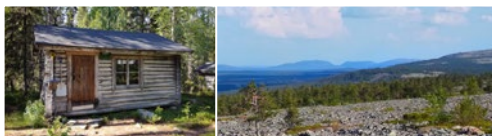
3 TRAIL TO NOITATUNTURI FELL (14,5 KM) is for those seeking for a challenge! Noitatunturi fell is an old sacred place of the Sámi and the highest point of the National Park at 540 m. Hiking up is hard work, but the views are worth it. Roots and rocks make the terrain demanding. The recommended walking direction is clockwise, due to the steep and rocky ascent. You need sturdy hiking boots and good weather for this trail. **Starting and finishing point:** Visitor Centre Naava. **Duration:** Approx. 6 hours. **Services:** Isokuru campfire hut, Oravalampi lean-to shelter, Karhunj uomalampi day-use hut.



7 SUMMIT OF UKKO-LUOSTO FELL (6,5 KM) is worth a climb! Walk up the stairs to the top of Ukko-Luosto fell to experience the magnificent sceneries towards the mire and Pyhä fell chain. The trail is classified as demanding due to height differences. **Starting and finishing point:** Luostonportti. **Duration:** 3–4 hours. **Services:** Tikkalaavu lean-to shelter.



4 PYHÄ-LUOSTO HIKING TRAIL (30 KM) shows magnificent fell tops and gorges as well as geological and historical sites. The trail is classified as demanding as it's partly rocky, but it's suitable also for hikers with little experience: the trail is well marked and the distances between rest areas and huts are not too long. You need sturdy hiking boots for this trail. **Starting or finishing point:** Visitor Centre Naava or Luostonportti. **Duration:** 2–3 days. **Services:** Several wilderness, rental and day-use huts, as well as campfire huts and lean-to shelters. There is also a café during the season in Lampivaara.



8 LUOSTO-YLI-LUOSTO TRAIL (8–12 KM) travels on a narrow fell ridge with beautiful views over the surrounding scenery. In the northernmost part of the fell chain you will find the oldest wilderness hut in the National Park, Yli-Luosto, built in 1949. The trail is demanding, as it is very rocky and the path is poorly visible due to less use. You need sturdy hiking boots for this trail. **Starting and finishing point:** Luostonportti or Luostonloma Parking place. **Duration:** 5–6 hours. **Services:** Tikkalaavu lean-to shelter, Yli-Luosto wilderness hut.

Metsähallitus, taking care of the area

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Photos: Joonas Katajisto, Teemu Kuisma, Netta Kuivalainen, Anna Pakkanen, Juha Paso, Visit Pyhä-Luosto, Pirjo Rautiainen. Illustration: Juha Paso, Metsähallitus

PYHÄ-LUOSTO NATIONAL PARK rules for hikers:

OUTDOOR ETIQUETTE

1. Respect nature.
2. Use marked trails.
3. Camp only where it's allowed.
4. Light a campfire only where it's allowed.
5. Do not litter.

ALLOWED: ✓

- Walking, rowing and canoeing. In Isokuru (restricted area) moving is only allowed on the marked trail.
- Picking berries and mushrooms.
- Short duration camping (max. 3 nights) except within restricted area. Camping is recommended close to resting places.

RESTRICTED: !

- Moving in Isokuru gorge restricted area. To protect the nature and to avoid causing a rockfall, moving is only allowed on the marked trail.
- Biking is allowed on marked routes but not in Isokuru gorge, Isokurunkangas and on the southern part of the Trail to Noitatunturi Fell.
- Lighting a campfire is allowed at sites marked for this purpose.
- Fishing, requires a permit.
- Hunting is permitted only for local people.

FORBIDDEN: ✗

- Moving outside the marked trail within Isokuru restricted area.
- Littering or damaging the constructions.
- Open fire during forest fire warning.
- Keeping pets running free.
- Taking or damaging trees, bushes, other plants or their parts.
- Damaging soil or rock, and extraction of earth material or minerals.
- Killing, catching or disturbing wild animals (vertebrates), or damaging their nests.
- Catching or collecting invertebrates.
- Driving motor vehicles, except on roads designated for that purpose.

