



## Rokua National Park



# Keisarinkierros

The Keisarinkierros Trail ('Emperor's Trail') takes you to the most popular natural features of interest and nature destinations in Rokuanvaara. Along the trail, you will see Syvydenkaivo (the 'Well of the Depths'), which is Finland's deepest kettle hole in its natural state, and Pookivaara Hill, which is the highest point in Rokua, as well as the enchanting lakes.

The Keisarinkierros Trail takes you to the most popular natural features of interest and nature destinations in Rokua National Park. The trail has received its name after the historical Keisarintie ('Emperor's Road'), which runs through Rokua.

Along the trail, you will find crystal-clear lakes, as well as campfire huts and two day-use huts, at which you can take a break and enjoy the peace and quiet of Rokua. You can set off for Keisarinkierros Trail by Rokua Health & Spa, Hotel Rokuanhovi or Rokua Outdoors. The trail can be travelled both clockwise and anticlockwise. It is very suitable for overnight stays.

The Keisarinkierros Trail chiefly runs along rolling heaths, amid beds of lichen and pine forests. There are easy stone dust paths and a dirt road along the northern section of the trail. In the western section of the trail, you will see the crystal-clear Lake Saarinen, Syvydenkaivo, which is Finland's deepest kettle hole in its natural state, Pookivaara Hill, which is the highest point in Rokua, and the gorgeous Lake Pitkäjärvi. You will find the oldest and most natural-state parts of Rokua National Park in the southern part of Keisarinkierros Trail. In the northeast,

between Rokua Health & Spa and Hotel Rokuanhovi, the trail runs along a pavement.

### Hiking structures:

- Lianjärvi day-use hut and dry toilet
- Kirvesjärvi campfire hut and dry toilet
- Saarinen campfire hut and dry toilet
- Pookivaara rest spot (a day-use hut, wilderness hut, dry toilet, observation tower)
- Pitkäjärvi accessible campfire hut and accessible dry toilet
- Rokuanjärvi campfire hut and dry toilet
- Services provided by Hotel Rokuanhovi, Rokua Outdoors and Rokua Health & Spa.



### TOP 3

1. Pookivaara hill
2. The Syvydenkaivo kettle hole
3. Crystal-clear lakes

METSÄHALLITUS 4/2022  
PHOTO: HEIDI KONTIOKARI

**LENGTH:** 20 km

**TRAVEL TIME:** 1-2 days

Available when the ground is unfrozen.

### STARTING POINTS:

- Rokua Health & Spa  
(Kuntoraitti 2, 91670 Rokua)
- Rokuanhovi  
(Jaakonjärventie 43, 91670 Rokua)
- Rokua Outdoors  
(Rokuanhovintie 2, 91670 Rokua)

**DIFFICULTY:** Intermediate. Some sections of the trail are narrow and root-filled, and there may be fallen trees on the ground.

**TRAIL MARKINGS:** The trail is marked on trees with white, round paint signs. There are brown signposts at the intersections. Please note that the white, painted lines on trees are border signs of Rokua National Park. Be careful not to confuse them with the white, round paint signs for Keisarinkierros Trail!

### SAFETY:

- The trail crosses a road in places, and there may also be mountain bikers in some sections of the trail.
- Take enough time to walk the trail.
- In case of emergency, call 112.

**EQUIPMENT:** A good pair of hiking boots. Wear clothes that are suitable for the weather. In the backpack: extra clothes, food, drink, a map, a phone, plastic bag for trash, first aid kit, matches, and a knife. Bring your own toilet paper for the dry toilets.

### INSTRUCTIONS AND RULES:

- The terrain is sensitive to erosion, so please keep to the marked trails and only camp at the marked rest spots and only light an open campfire at marked rest spots, using the firewood reserved for the purpose. During the periods of forest and grass fire warnings, lighting a fire is prohibited in the entire national park (including inside the campfire huts and day-use huts).
- Campfire and camping are only allowed at sites marked for this purpose.
- Biking is allowed only on marked trails.
- There are no waste bins along the trail and at the rest spot. Take your rubbish with you from the terrain.
- Always keep your pets on a leash.

### More information:

[nationalparks.fi/rokuanp/instructions-andrules](https://nationalparks.fi/rokuanp/instructions-andrules)



