



## Rokua National Park

# Syvyydenkierros

The Syvyydenkierros Trail runs along the undulating eskers of Rokuanvaara, amid the silvery beds of lichen. Along the trail, you will see a landscape shaped by the Ice Age and Syvyydenkaivo (the 'Well of the Depths'), which is Finland's deepest kettle hole in its natural state.

The Syvyydenkierros Trail is a varied circle trail that runs along an esker terrain, amid pine forests. Along the trail, you will find light-coloured beds of lichen, sand dunes covered with plants and the Syvyydenkaivo kettle hole, which is one of the most famous natural features of interest in Rokua. You can set off for the trail either from Hotel Rokuanhovi or the Pooki parking area. The trail can be travelled both anticlockwise and clockwise.

The northern section of Syvyydenkierros Trail runs along a gently rolling, light-filled pine heath, amid beds of lichen. This section of the trail has two sets of steps. They ascend towards the west, on the eastern slope of Vauluvaara Hill.

The western section of Syvyydenkierros Trail passes along the slope of a scenic esker. Halfway through this section, you will see Syvyydenkaivo, which is Finland's deepest kettle hole in its natural state. There is a steep, sunny southern slope between the bottom of the kettle hole and the ridge of a dune. On the edge of the slope, there are stairs that ascend northward.

The southern section of the trail runs along a wide track amid pine

forests. This section has some fairly steep ascents and descents, and the trail runs between two kettle holes, which are called Pookinkuppi and Kakoskuppi.

Close to the Pooki parking area, the trail runs, for a short time, along a forest road. The eastern section of the trail between the Pooki parking area and Hotel Rokuanhovi takes you across spacious beds of lichen and a clearing that is becoming overgrown. On the southern side of Hotel Rokuanhovi, the trail passes by Rokua Ski Stadium.

### Hiking structures

- There are no rest spots along the trail, but there is a connecting trail (0.4 km) from the southern section of the trail to the Pookivaara rest spot.
- Services provided by Hotel Rokuanhovi.

## TOP 3

1. Lichen heaths
2. Landscape shaped by the Ice Age
3. The Syvyydenkaivo kettle hole

METSÄHALLITUS 4/2022 PHOTO: HEIDI KONTIOKARI

**LENGTH:** 6.2 km

**TRAVEL TIME:** 2-3 h

Available when the ground is unfrozen.

**STARTING POINTS:** Rokuanhovi (Jaakonjärventie 43, 91670 Rokua) or the Pooki parking area. The Pooki parking area has no official address. It is located along a forest road (the so-called Halkivaarantie) that branches off to the left from Salmisen tie Road, Utajärvi, after the Rokua Camp Centre.

**DIFFICULTY:** Intermediate. Some sections of the trail are narrow and root-filled, and there may be fallen trees on the ground.

**TRAIL MARKINGS:** The trail is marked on trees with blue paint signs. There are brown signposts at the intersections.

### SAFETY:

- The trail runs across a forest road in places, and there may also be mountain bikers in the eastern section of the trail (between Hotel Rokuanhovi and the Pooki parking area).
- Take enough time to walk the trail.
- In case of emergency, call 112.

**EQUIPMENT:** A good pair of hiking boots for different environments. Wear clothes that are suitable for the weather and take some extra clothes, food, and drink with you. Prepare with a map, a phone, plastic bag for trash, first aid kit, matches, and a knife. Bring your own toilet paper for the dry toilet.

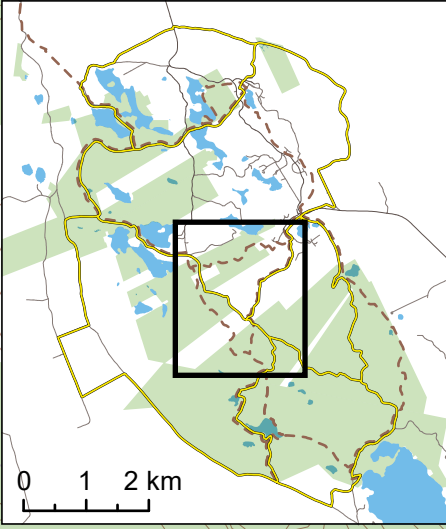
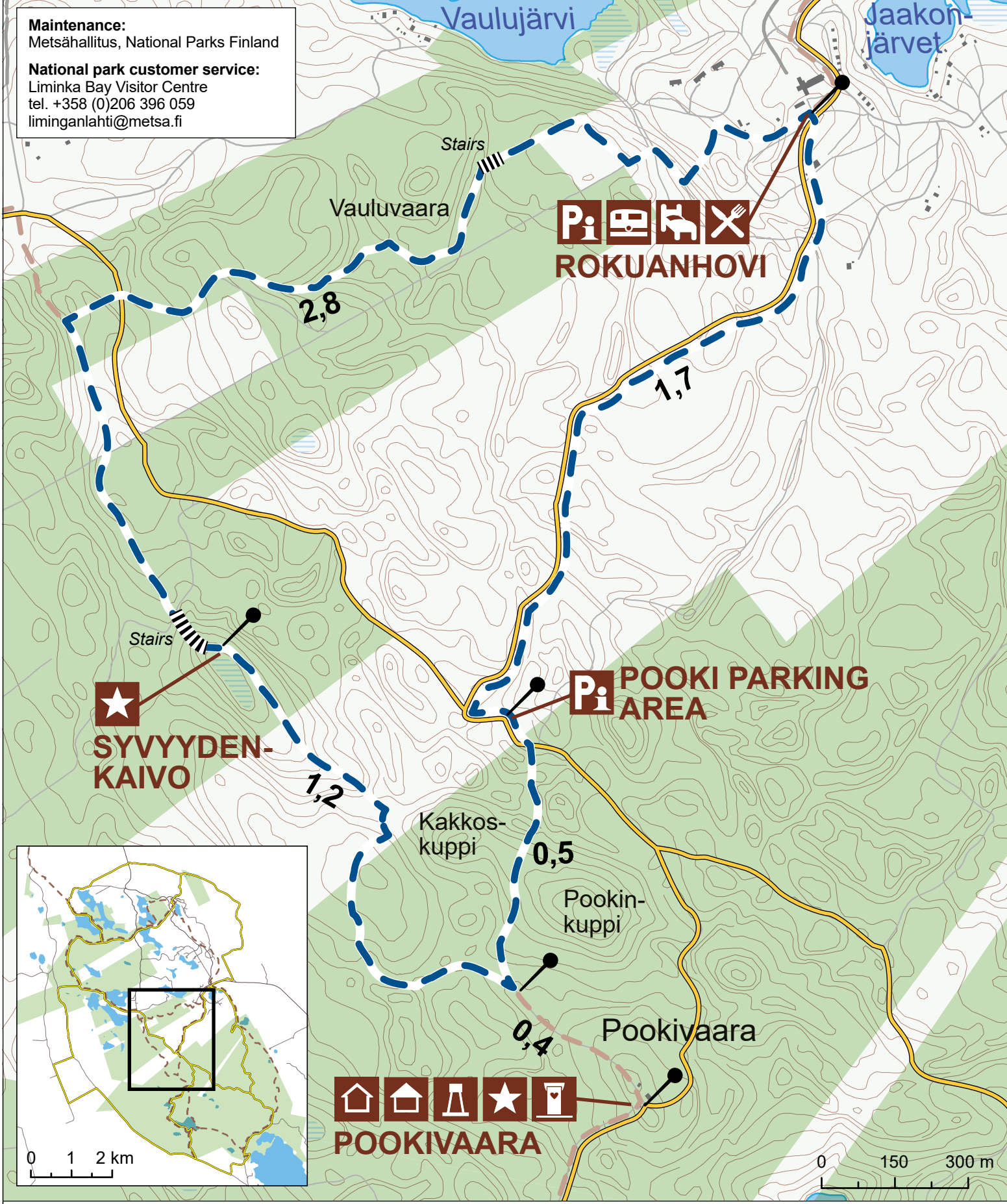
### INSTRUCTIONS AND RULES:

- The terrain is sensitive to erosion, so please keep to the marked trails and only camp at the marked rest spots and only light an open campfire at marked rest spots, using the firewood reserved for the purpose. During the periods of forest and grass fire warnings, lighting a fire is prohibited in the entire national park (including inside the campfire huts and day-use huts).
- Campfire and camping are only allowed at sites marked for this purpose.
- Biking is allowed only on marked trails.
- There are no waste bins along the trail and at the rest spot. Take your rubbish with you from the terrain.
- Always keep your pets on a leash.

**More information:** [nationalparks.fi/rokuanp/instructionsandrules](https://nationalparks.fi/rokuanp/instructionsandrules)

**Maintenance:**  
Metsähallitus, National Parks Finland

**National park customer service:**  
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National park Kansallispuisto	Camper sites Matkailuajoneuvoalue	Hotel Hotelli	Mountain biking trail Maastopyöräreitti
Parking and information Pysäköinti ja opastus	Observation tower Näkötorni	Dry toilet Kuivakäymälä	Distance Välimatka
Day-use hut Päivätupa	Natural feature of interest Luonnonnähtävyys	Syvyydenkierros trail 6,2 km Syvyydenkierros 6,2 km	
Wilderness hut Autiotupa	Restaurant Ravintola	Hiking trail Retkeilyreitti	