



10.7
km

4-5 h

Inter-
mediate



TOP 3

1. The breathtaking view across Lake Yli-Kitka
2. Several kilometres long slope wetlands
3. The vivid gurgle of the fell streams



OPEN: June to October.

TRAVEL TIME: 4-5 h.

DIFFICULTY: Intermediate-hard.

The route is intermediate in difficulty due to its elevation differences, and hard in places due to steep hills. It is suitable for hikers and families who have a basic level of fitness, but it may be difficult for small children due to the elevation differences. The partially gravelled path makes walking along the route easier. During rainy conditions, the paths are wet and muddy in places, and the duckboards may be slippery.

START AND FINISH: Riisitunturi starting point, which is located at the edge of the parking area at the border of the park in Posio.

ROUTE MARKING AND SIGNPOSTING: Green painted signs and wooden posts. The recommended hiking direction is clockwise.

EQUIPMENT: Waterproof shoes, rain and windproof clothing (weather conditions can quickly change), snacks/lunch and enough water to drink, toilet paper, first aid kit, matches and a knife. During dark periods, a headlamp. Riisitunturi's wilderness hut is popular during the mid-summer season, so those staying the night should take their own tent with them.

SAFETY: Riisin rietas partly follows the same path as the shorter day route, Riisin räpäsy. When following the trail, pay attention at intersections and ensure that you take the correct direction. In case of an emergency during your hike, if you e.g. get lost, hurt yourself or observe a forest fire, call 112 immediately.

More information about hiking in Finland:
www.nationalparks.fi/hikinginfinland

RULES AND GUIDELINES:

Pets must always be kept on a leash and under control in the National Park. Cycling is not allowed on the route. Please note that fires are prohibited during forest fire warnings.

Read more about litter-free hiking:
www.nationalparks.fi/hikinginfinland/visitorguidelines/litter

Riisin rietas

Day Trail in Riisitunturi National Park



The Riisin rietas Trail takes hikers through the diverse fell and forest nature while offering stunning views over the shimmering, far-reaching lake landscape and unique slope wetlands.

The Riisin rietas Trail starts with an incline to the peak of Riisitunturi, where fascinating views open up to the large glimmering lake at the horizon, Lake Yli-Kitka. Stunning views over the unique fell nature can also be enjoyed at the peak of Pikku Riisitunturi.

Hikers descend from the fell to the forest and cross River Riisijoki and several vividly gurgling streams. Uudensuonlampi Pond provides an atmospheric place to enjoy a picnic. At the Soilu lean-to shelter, you can admire the grand forest-covered fells. A lucky hiker may

spot a Northern Hawk Owl in the pine trees, which is also seen in the national park's logo.

The rare slope wetlands of Riisitunturi are considered to be the most stunning in Finland. The trail crosses the far-reaching wetlands. The signs along the trail allow hikers to familiarise themselves with local traditions and beliefs, from bear hunting to Riisin Rietas, which is said to be a ghost that continues to roam the fell.

METSÄHALLITUS 8/2023, PHOTOS: HEIKKI SULANDER

#riisinrietas #riisitunturinationalpark #landofnationalparks



